

Year 7 Curriculum Model Boys

BOYS	Weeks Range	1-4 <b>Exercising Safely &amp; Effectively</b>	5-8 <b>Outwitting Opponents 1</b>	9-12 <b>Explore &amp; Communicate Ideas, Concepts &amp; Emotions</b>	13 - 16 <b>Outwitting Opponents 2</b>	17-20 <b>Accurate Replication</b>
	Activity	Induction	Football	Dance	Rugby	Gymnastics
	Process	ESE DS	MAD	EI	DS	EI
	Concept	PMC COM	PER	CRE	PER	COM
	Other			ICT		
	Weeks Range	21-24 <b>Outwitting Opponents 3</b>	25-28 <b>Performing at Maximum Levels</b>	29-32 <b>Outwitting Opponents 4</b>	33-36 <b>Identifying &amp; Solving Problems</b>	37-39 Flexible
	Activity	Basketball	Athletics	Striking & Fielding	OAA	
	Process	MAD HAL	PMC DS	MAD	PMC	
	Concept	HAL?	PER	COM		
	Other					

**Range & Content**

OO = Outwitting Opponents  
 AR = Accurate Replication  
 ICE = Exploring and Communicating ideas, concepts and emotions  
 PML = Performing at Maximum Levels  
 ISP = Identifying and Solving Problems  
 ESE = Exercising Safely and Effectively

**Key Processes**

DS = Developing skills in Physical Activity  
 MAD = Making and Applying Decisions  
 PMC = Developing Physical and Mental Capacity  
 E&I = Evaluating and Improving  
 HAL = Making informed choices about Healthy, Active Lifestyles

**Key Concepts**

COM = Competence  
 PER = Performance  
 CRE = Creativity  
 HAL = Healthy, Active Lifestyle

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GIRLS	Weeks Range	1-4 <b>Exercising Safely &amp; Effectively</b>	5-8 <b>Explore &amp; Communicate Ideas, Concepts &amp; Emotions 1</b>	9-12 <b>Outwitting Opponents 1</b>	13 - 16 <b>Accurate Replication</b>	17-20 <b>Outwitting Opponents 2</b>
	Activity	Induction	Dance	Netball	Gymnastics	Football
	Process	ESE DS	EI	MAD	EI	DS
	Concept	PMC COM	CRE	PER	COM	PER
	Other					
	Weeks Range	21-24 <b>Explore &amp; Communicate Ideas, Concepts &amp; Emotions 2</b>	25-28 <b>Performing at Maximum Levels</b>	29-32 <b>Outwitting Opponents 3</b>	33-36 <b>Identifying &amp; Solving Problems</b>	37-39 Flexible
	Activity	Dance	Athletics	Striking & Fielding	OAA	
	Process	EI	PMC DS	MAD	PMC	
	Concept	CRE	PER	COM		
	Other					

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Year 8 Curriculum Model Boys

BOYS	Weeks Range	1-4 <b>Outwitting Opponents 1</b>	5-8 <b>Outwitting Opponents 2</b>	9-12 <b>Accurate Replication</b>	13 - 16 <b>Outwitting Opponents 3</b>	17-20 <b>Outwitting Opponents 4</b>
	Activity	Football	Hockey	Gymnastics	Rugby	Basketball
	Process	MAD	MAD	EI	DS	MAD HAL
	Concept	PER	PER	COM	PER	HAL?
	Other					
	Weeks Range	21-24 <b>Explore &amp; Communicate Ideas, Concepts &amp; Emotions</b>	25-28 <b>Performing at Maximum Levels</b>	29-32 <b>Outwitting Opponents 5</b>	33-36 <b>Identifying &amp; Solving Problems</b>	37-39 Flexible
	Activity	Dance	Athletics	Cricket	OAA	
	Process	EI	PMC DS	MAD	PMC	
	Concept	CRE	PER	COM		
	Other					

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Year 8 Curriculum Model Girls

GIRLS	Weeks Range	1-4 <b>Outwitting Opponents 1</b>	5-8 <b>Accurate Replication 1</b>	9-12 <b>Outwitting Opponents 2</b>	13 - 16 <b>Accurate Replication 2</b>	17-20 <b>Explore &amp; Communicate Ideas, Concepts &amp; Emotions</b>
	Activity	Netball	Gymnastics	Hockey	Gymnastics	Dance
	Process	MAD	EI	DS	EI	EI
	Concept	PER	COM	PER	COM	CRE ICT
	Other					
	Weeks Range	21-24 <b>Outwitting Opponents 3</b>	25-28 <b>Performing at Maximum Levels</b>	29-32 <b>Outwitting Opponents 4</b>	33-36 <b>Identifying &amp; Solving Problems</b>	37-39 Flexible
	Activity	Rugby	Athletics	Rounders	OAA	
	Process	MAD HAL	PMC DS	MAD	PMC	
	Concept	HAL?	PER	COM		
	Other					

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# YEAR 9 CURRICULUM

**Structured rotation: 6 lessons.**

T/G A & B (Monday Lesson 2) / E & F (Monday Lesson 4) / C & D (Wednesday Lesson 2) / G & H (Friday Lesson 3)

**Boys:**

Activity 1 Accurate Replication through Swimming (Start date W/B 7<sup>th</sup> Sept)

Activity 2 Exercising Safely and Effectively through Health & Fitness (Start date W/B 19<sup>th</sup> Oct)

Activity 3 Outwitting Opponents through Badminton (Start date W/B 7<sup>th</sup> Dec)

Activity 4 Accurate Application through Trampolining (Start date W/B 1<sup>st</sup> Feb)

**Girls**

Activity 1 Exercising Safely and Effectively through Health & Fitness (Start date W/B 7<sup>th</sup> Sept)

Activity 2 Accurate Replication through Swimming (Start date W/B 19<sup>th</sup> Oct)

Activity 3 Accurate Application through Trampolining (Start date W/B 7<sup>th</sup> Dec)

Activity 4 Outwitting Opponents through Badminton (Start date W/B 1<sup>st</sup> Feb)

Re-opt Week beginning 22<sup>nd</sup> March 2010

## CLUSTERS

Cluster 1	Cluster 2	Cluster 3	Cluster 4
<b>Outwitting Opponents A</b>	<b>Body Awareness</b>	<b>In the Mix</b>	<b>Outwitting Opponents B</b>
Football	Trampolining	Badminton	Netball
Basketball	Dance	Trampolining	Football
Rugby	Aerobics	Hockey	Tag Rugby
Ultimate Frisbee / Gaelic Foot	Gym	Dodgeball / Korfball	Hockey
Badminton	Heath & Fitness	Swimming ? (Water polo) (Challenges)	Ultimate Frisbee

Activity 1 (Start date W/B 7<sup>th</sup> Sept)

Activity 2 (Start date W/B 19<sup>th</sup> Oct)

Activity 3 (Start date W/B 7<sup>th</sup> Dec)

Activity 4 (Start date W/B 1<sup>st</sup> Feb)